

LINX EDUCATIONAL INSTRUCTOR'S GUIDE

HEAD TO TOE Grooming & Dressing for the Best Possible YOU!

Activity 1 – LOOK YOUR BEST HEAD TO TOE!

Name 5 tips you learned in the video about grooming and dressing for the workplace.

1. _____
2. _____
3. _____
4. _____
5. _____

Activity 2 – YOUR GIFT WRAPPING

The video referred to your image as “gift wrapping.” Describe YOUR everyday “gift wrapping.”

Using the tips you learned in the video, what will YOU have to improve upon in your “gift wrapping” to be the best possible you in the workplace? What improvements can you make?

Activity 3 – WHAT COLOR IS YOUR WARDROBE?

Name 3 classic colors to build a professional wardrobe.

How can you build a wardrobe inexpensively using one or two of these colors?

© 2007. Linx Educational Publishing. Tel: 800.717.LINX, www.linxedu.com. Copies of the activities may be used only in conjunction with the program they accompany. Any other reproduction of this worksheet in whole or in part without permission from the publisher is strictly prohibited.